



BEFORE YOUR APPOINTMENT:

- ✓ **BRING MEDICATION LIST.** Bring a complete, accurate list to share.
- ✓ **BRING TEST RESULTS.** Bring all recent test results to share.

DURING YOUR APPOINTMENT:

- ✓ **WRITE A WARNING SIGNS LIST.** Ask about warning signs. Write them down.
- ✓ **WRITE NEXT STEPS LIST.** Ask about recommended next steps. Write them down.

AFTER YOUR APPOINTMENT:

- ✓ **ACT ON NEXT STEP LIST.** Schedule appointments and tests. Fill prescriptions.
- ✓ **WATCH FOR WARNING SIGNS.** Alert doctor if you have warning signs (see your list).

For more information: www.bestmedicineMN.com

Source: Minnesota Alliance for Patient Safety (MAPS)